




February 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		WG French toast sticks, diced pears, milk	WG Pancakes, strawberries, milk	WG Cereal, 100% juice, milk
		Cheese tortellini with meat sauce, green beans, mandarin oranges, breadstick, milk	Chicken tortilla soup, corn, fruit cocktail, crackers, milk	Salisbury steak, mashed potatoes, California blend veggies, roll, milk
		WG Animal crackers, fruit cup	Breadstick & marinara, 100% juice	Cheese crackers, milk
6	7	8	9	10
WG Cereal, 100% juice, milk	WG Waffle, fruit cocktail, milk	WG Chicken biscuit, diced pears, milk	WG English muffin, bananas, milk	Breakfast burrito, peaches, milk
WG Macaroni & cheese with ham, peas, mandarin oranges, bread, milk	Meatloaf, mashed potatoes, corn, WG roll, milk	Tossed salad with grilled chicken, green beans, Pineapple, WG roll, milk	WG Grilled cheese sandwich, tomato soup, carrot coins, milk	Meatballs in marinara, mixed vegetables, mango, garlic breadstick, milk
WG Muffin, yogurt	Tortilla chips & cheese, 100% juice	Graham crackers, milk	Cheese crackers, 100% juice	100% Juice, Mini Banana Loaf
13	14	15	16	17
WG Muffin, yogurt, diced peaches, milk	WG heart-shaped cereal, mandarin oranges, milk	WG Waffles, Apple Cinnamon, Milk	WG Bagel, Strawberries, Milk	WG Cereal, 100% Juice, Milk
Lasagna, California blend veggies, pineapples, garlic breadstick, milk	Chicken Tenders, Green Beans, tator tots, WG Roll, Milk	WG Pepperoni Sticks, Diced Peaches, Tossed Salad, Milk	Broccoli Cheddar Soup, Turkey Sandwich, Mango, Milk	Chicken Sammie's, Sweet Potato Fries, Diced Pears, Milk
Graham Crackers, Applesauce Cup	Friendship Fruit Salad, Milk	Yogurt Parfaits (Cheerios, Fruit) 100% Juice	Carrot Coin, Corn Muffin	WG Soft Pretzel w/ Cheese, Fruit Cup
20	21	22	23	24
	Toasted WG English muffin with egg, diced mango, milk	WG Biscuit, fruit cocktail, milk	WG Bagel, strawberries, milk	WG Muffin, diced pears, milk
	WG Raviolis, green beans, pineapple, breadstick, milk	Grilled chicken & rice, banana, mixed veggies, roll, milk	Beef fingers, oven fries, peas, roll, milk	WG Beef & cheese burrito, corn, diced carrots, milk
	Applesauce, WG Muffin	Cheese Crackers, Fruit Cup	Meat and cheese cubes, 100% juice	Yogurt, graham crackers
27	28			
WG Muffin, yogurt, fruit cocktail, milk	WG Breakfast biscuit, cinnamon apples, milk			
Chili with beans, tator tots, diced carrots, mini cornbread loaf, milk	WG Cheese pizza, peas, diced peaches, milk			
Graham crackers, applesauce cup	Mini Banana loaf, milk			

* Some foods may be substituted for toddlers *WG-Whole Grain

Food Experience * Friendship Fruit Salad

USDA is an equal opportunity provider