

# SEPTEMBER

2025

MON	TUE	WED	THU	FRI
1 <b>★ LABOR DAY ★</b> <b>★★★★ DAY ★★★★★</b>	2 B- WG Blueberry Bagel, Smiley Potatoes, Milk L- WG Beef Taco, Peas & Carrots, Apricots, Milk S- Fruit Bar, Cheese Crackers	3 B- WG Cereal, Peaches, Milk L- Grilled Chicken Parmesan, Grilled Veggies, Mashed Potatoes, Breadstick, Milk S- Apples & Grapes, Graham Crackers	4 B- Breakfast Pizza, Oranges, Milk L- Sweet & Sour Chicken, Season Rice, Green Beans, Apricots, Milk S- Guacamole and Toast, Cheese sticks	5 B- WG Cereal, Strawberries, Milk L- Italian Meatball Sub, Carrot Coins, Sweet Potato Fries, Milk S- Fruit Bar, Lemon Berry Bites
8 B- WG Cereal, Strawberries, Milk L- Ham & Cheese on Flatbread, Tater Tots, Diced Mango, Milk S- Lemon Berry Bites, Yogurt	9 B- Cinnamon Raisin Bread, Vanilla Yogurt, Milk L- Bean & Cheese Burrito, Fresh Melon, Carrots, Milk S- Cucumber & Cherry Tomatoes Salad, Pretzels	10 B- WG Cereal, Bananas, Milk L- Calzones, Sliced Peaches, Garden Salad, Milk S- Pita Chips & Hummus, Fresh Vegetables	11 B- Breakfast Sandwich, Hashbrown, Milk L- Fish Sticks, Coleslaw, Pork & Beans, WG Roll, Milk S- Breadstick, Fresh Fruit	12 B- WG Cereal, Orange Slices, Milk L- Hamburger on a Bun, Green Beans, Sliced Pears, Milk S- Cottage Cheese, Baby Carrots
15 B- WG Cereal, Oranges, Milk L- Turkey & Cheese Melt on a Hoagie bun, Grilled Veggies Medley, Sweet Potato Fries, Milk S- Cheese Roll up, Fresh Veggies	16 B- Yogurt Parfaits, Toast, Sausage Patty, Milk L- Bean & Cheese Tostada, Corn, Papas & Cheese, Milk S- Graham Cracker, Milk	17 B- WG Cereal, Strawberries, Milk L- Pepperoni Turnover, Sliced Cucumbers, Pineapple, Milk S- Pretzels, Meat Cubes	18 B- Blueberry Bagel, Tropical Fruit, Milk L- Chicken Salad Sandwich, Corn, Smiley Potatoes, Milk S- Ritz w/ Cheese, Fruit Cup	19 B- WG Cereal, Pears, Milk L- BBQ Meatball Sub, Pork & Beans, Apricots, Milk S- Sun Butter Sandwich, Fruit Bar
22 B- WG Cereal, Diced Peaches, Milk L- Tuscan Grilled Cheese Sandwich, Smiley Potatoes, Mandarin Oranges, Milk S- Strawberry Granola, Vanilla Yogurt	23 B- WG English Muffin, Applesauce, Milk L- Chicken & Cheese Taquito, Black Beans & Corn, Tropical Fruit, Milk S- Veggie Pinwheel, Water	24 B- WG Cereal, Banana, Milk L- WG Cheese Pizza, Garden Salad, Fruit Cocktail, Milk S- Avocado Toast, Fresh Vegetables	25 B- Breakfast Pizza, Fresh Oranges, Milk L- Fish Tacos, Tater Tots, Fiesta Corn, WG Roll, Milk S- Banana Pinwheel (Wheat Tortilla, Sunbutter, Banana) Water	26 B- WG Cereal, Strawberries, Milk L- Chicken Sandwich, Fresh Vegetables, Mango, Milk S- Milk, *Fruit Kabob and Yogurt Dip*
29 B- WG Cereal, Bananas, Milk L- Chicken Sandwich, Sweet Potato Tots, Mango, Milk S- Cheese Crackers, Fruit Bar	30 B- Breakfast Sandwich, Fruit Cocktail, Milk L- Salsa Chicken, Black Beans, Papas Mashed Potatoes, WG Tortilla, Milk S- Cottage Cheese, Pretzels			
Some foods may be substituted for toddlers *WG-Whole Grain Food Experience * Fruit kabob and yogurt dip <b>USDA is an equal opportunity provider</b>				