

September 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		WG biscuit, fresh blueberries & strawberries, milk	WG english muffin, tropical fruit, milk	WG french toast sticks, fresh strawberries, milk
		White chicken chili, WG cornbread, green beans, fresh banana, milk	Salisbury steak, mashed potatoes, peas & carrots, roll, milk	Grilled chicken sandwich w/lettuce & tomato, sweet potato fries, broccoli, milk
		Animal Crackers, fruit cup	Cheese cubes, fresh carrots w/ ranch dip, WG crackers, water	Yogurt Bites, milk
6	7	8	9	10
	WG pancake, fruit cocktail, milk	WG cinnamon toast, hashbrown, fresh oranges, milk	Cinnamon raisin bagel, strawberry appleauce, Milk	WG breakfast sandwich, fresh fruit, milk
No school	WG macaroni & cheese, mixed veggies, sliced kiwi, sliced bread, milk	Taco soup, green beans, peaches, tortilla Chips, milk	Chicken strips, peas, pineapple, WG roll, milk	Fish sticks, carrot coins, tropical fruit, milk
	Apple slices & grapes, yogurt	Graham crackers, milk	Cheese & crackers, fruit cup	Rice cakes, yogurt
13	14	15	16	17
WG cereal, Ppneapple tidbits, milk	WG breakfast sandwich, diced peaches, milk	WG pita bread w/ sun butter, strawberries, milk	WG mini waffles, tropical fruit, milk	English muffin, strawberries, milk
WG sloppy joes, green beans, potato barrels, milk	Chicken & rice casserole, broccoli, oranges, WG roll, milk	WG cheese ravioli, garden salad, bananas, milk	Spaghetti & meatballs, peas & carrots, bananas, milk	Grilled cheese, tomato soup, melon medley, milk
Cinnamon Mini Grips, milk	Cheeze Itz, 100% fruit juice	Pineapple fruit cup, cottage cheese	Guacamole dip, tortilla chips, 100% fruit juice	WG soft pretzel, milk
20	21	22	23	24
WG cereal, fresh fruit, milk	WG english muffin, diced mango, milk	Breakfast bar, yogurt, pineapple, milk	WG bagel, blueberries, milk	WG mini pancakes, mandarin oranges, milk
WG cheese quesadilla, mexican corn, dragon fruit, milk	Potato soup, pita ham sandwich, green beans, cornbread, milk	Chicken nuggets, mashed potatoes, broccoli, roll, milk	Chili Frito pie, carrot coins, tropical fruit, milk	Beef fingers, peas, sweet potatoes, roll, milk
Apples & grapes, tortilla chips & nacho cheese	Celery sticks w/ sun butter, veggie crackers	Sun butter & jelly sandwich, 100% fruit juice	Fresh fruit, yogurt	Cheese stick, WG crackers, apple juice
27	28	29	30	
WG cereal, apple rings, milk	WG toast, hashbrown, oranges, milk	WG biscuit, bananas & strawberries, milk	WG english muffin, tropical fruit, milk	
WG ham & cheese melt, broccoli with cheese, apple slices, milk	WG chicken wrap, peas, tropical fruit, milk	Homemade chicken noodle soup, blueberries, green beans, cornbread, milk	Taco burger, mexican corn, fresh kiwi, milk	
Fruit cup, graham crackers	Merry Go Round, (1/2 Apple, Sunbutter, Animal Crackers), milk	WG soft pretzel, 100% fruit juice	Cheese cubes, crunchy carrots, water	

* Some foods may be substituted for toddlers *WG-Whole Grain Food Experience * Merry Go Round (1/2 Apple, Sunbutter, Animal Crackers)

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