

SEPTEMBER

2024

MON	TUE	WED	THU	FRI
2 ★ LABOR DAY ★ ★★★★ DAY ★★★★★	3 B- WG Blueberry Bagel, Smiley Potatoes, Milk L- Chicken & Cheese Taquito, Black Beans & Corn, Fresh Fruit, Milk S- Fruit Bar, Cheese Crackers	4 B- WG Cereal, Peaches, Milk L- Calzones, Grilled Vegetables, Garden Salad, Milk S- Apples & Grapes, Graham Crackers	5 B- Breakfast Pizza, Fresh Oranges, Milk L- Sweet & Sour Chicken, Season Rice, Green Beans, Apricots, Milk S- Guacamole and Toast, Cheese sticks	6 B- WG Cereal, Strawberries, Milk L- Italian Meatball Sub, Fresh Vegetables, Sweet Potato Fries, Milk S- Fruit Bar, Lemon Berry Bites
9 B- WG Cereal, Strawberries, Milk L- Ham & Cheese on Flatbread, Tator Tots, Diced Mango, Milk S- Pita Chips & Hummus, Fresh Vegetables	10 B- Cinnamon Raisin Bread, Vanilla Yogurt, Milk L- Bean & Cheese Burrito, Fresh Melon, Carrots, Milk S- Cucumber & Cherry Tomatoes Salad, Pretzels	11 B- WG Cereal, Bananas, Milk L- Grilled Chicken Parmesan, Grilled Veggies, Mashed Potatoes, Breadstick, Milk S- Lemon Berry Bites, Yogurt	12 B- Breakfast Sandwich, Hashbrown, Milk L- Fish Sticks, Coleslaw, Pork & Beans, WG Roll, Milk S- Breadstick, Fresh Fruit	13 B- WG Cereal, Orange Slices, Milk L- Hamburger on a Bun, Fresh Veggies, Watermelon, Milk S- Cottage Cheese, Baby Carrots
16 B- WG Cereal, Oranges, Milk L- Turkey & Cheese Melt on a Hoagie bun, Sweet Potato Fries, Sliced Cucumbers, Milk S- Cheese Roll up, Fresh Veggies	17 B- Yogurt Parfaits, Toast, Sausage Patty, Milk L- Bean & Cheese Tostada, Lettuce and Tomatoes, Papas & Cheese, Milk S- Graham Cracker, Milk	18 B- WG Cereal, Strawberries, Milk L- Pepperoni Turnover, Grilled Veggies Medley, Pineapple, Milk S- Pretzels, Meat Cubes	19 B- Blueberry Bagel, Tropical Fruit, Milk L- Chicken Salad Sandwich, Fresh Vegetable, Smiley Potatoes, Milk S- Ritz w/ Cheese, Fruit Cup	20 B- WG Cereal, Pears, Milk L- BBQ Meatball Sub, Pork & Beans, Apricots, Milk S- Sun Butter Sandwich, Fruit Bar
23 B- WG Cereal, Diced Peaches, Milk L- Tuscan Grilled Cheese Sandwich, Smiley Potatoes, Mandarin Oranges, Milk S- Veggie Pinwheel, Water	24 B- WG English Muffin, Applesauce, Milk L- WG Beef Taco, Peas & Carrots, Apricots, Milk S- Strawberry Granola, Vanilla Yogurt	25 B- WG Cereal, Banana, Milk L- WG Cheese Pizza, Garden Salad, Fruit Cocktail, Milk S- Avocado Toast, Fresh Vegetables	26 B- Breakfast Pizza, Fresh Oranges, Milk L- Fish Tacos, Tater Tots, Fiesta Corn, WG Roll, Milk S- Banana Pinwheel (Wheat Tortilla, Sunbutter, Banana) Water	27 B- WG Cereal, Strawberries, Milk L- Chicken Sandwich, Fresh Vegetables, Mango, Milk S- Milk, *Fruit Kabob and Yogurt Dip*
30 B- WG Cereal, Bananas, Milk L- Chicken Sandwich, Fresh Vegetables, Mango, Milk S- Cheese Crackers, Fruit Bar				

Some foods may be substituted for toddlers *WG-Whole Grain Food Experience * Fruit kabob and yogurt dip
USDA is an equal opportunity provider