



November 2021				
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1	2	3	4	5
WG Cereal, Diced Peaches, Milk	WG Biscuit, Blueberries & Strawberries, Milk	WG Breakfast Sandwich, Fruit Cocktail, Milk	Cinnamon Raisin Bagel, Strawberry Applesauce, Milk	French Toast Sticks, Pears, Milk
WG Ham Cheese Melt, Broccoli, Apple Slices, Milk	Chicken Nuggets, Tator Tots, Peas, WG Roll, Milk	Beef Stew, Green Beans, Apricots, Corn Bread, Milk	Pepperoni Pizza Sticks, Mixed Veggies, Plums, Milk	WG Cheese Ravioli, Peas, Tropical Fruit, Breadstick, Milk
Fruit Cup, Graham Crackers	WG Cheese Roll Up, Apple Juice	WG Soft Pretzel, Fruit Cup	WG Pumpkin Bread, Milk	Celery Sticks W/ Sunbutter, Veggie Crackers
8	9	10	11	12
WG Cereal, Tropical Fruit, Milk	WG Pancake, Fruit Cocktail, Milk	WG Pita Bread W/ Sun butter, Banana, Milk		WG Breakfast Sandwich, Fresh Fruit, Milk
Chicken Strips, Sweet Potato Fries, Pineapple, WG Roll, Milk	Chicken Legs, Mashed Potatoes, Green Beans, WG Roll Milk	WG Grilled Cheese, Squash Soup, Melon Medley, Milk		Beef Fingers, Sweet Potato Fries, Mix Veggies, WG Roll, Milk
Yogurt Bites, Fruit Cups	Teddy Grahams, Yogurt	Veggie Crackers, Cottage Cheese, Pineapple Cups		Rice Cakes, Yogurt
15	16	17	18	19
WG Cereal, Pineapple Tidbits, Milk	WG Mini Waffles, Tropical Fruit, Milk	WG Cinnamon Swirl Toast, Hash brown Patty, Mandarin Oranges, Milk	English Muffin, Apple Rings, Milk	WG Cereal, Fresh Fruit, Milk
Beef Stew, Green Beans, Plums, Corn Bread, Milk	WG Macaroni & Cheese, Mixed Veggies, Apple Rings, Sliced Bread, Milk	Broccoli & Cheese Soup, Peas, Fresh Strawberries, Cornbread, Milk	Chicken Nuggets, Mixed Vegetables, Broccoli, WG Roll, Milk	Turkey Slice, Mashed Potatoes, Green Bean Casserole, Corn, WG Roll, Milk
Cinnamon Mini Grips, Milk	Cheeze Itz, 100% Juice	WG Pretzel, Fruit Cup	Chex Mix, 100% Juice	WG Pumpkin Bread, Milk
22	23	24	25	26
WG Cereal, Diced Pears, Milk	WG English Muffin, Diced Peaches, Milk	WG Cereal, Pineapple, Milk		
WG Cheese Quesadilla, Black Beans & Corn, Apricots, Milk	Salisbury Steak, Mashed Potatoes, Mix Vegetables, WG Roll, Milk	Potato Soup, Sliced Ham, Green Beans, Cornbread, Milk		
Yogurt Bites, Fruit Cups	Cheese Crackers, 100% Juice	Cinnamon Swirl Bread, Milk		
29	30			
WG Cereal, Diced Peaches, Milk	WG Toast, Hashbrown Patty, Oranges, Milk			
Cheeseburger Sliders, Green Beans, Plums, Milk	Chili, Carrots Coins, Tropical Fruit, Corn Bread, Milk			
Fruit Cup, Graham Crackers	Animal Crackers, Milk			
* Some foods may be substituted for toddlers *WG-Whole Grain Food Experience *Family Feast				
USDA is an equal opportunity provider				