

		January 2024			
Monday		Tuesday		Wednesday	
Thursday		Friday			
1		2		3	
4		5			
	WG cereal, fresh orange wedge, milk	WG cereal, cinnamon apple rings, milk	WG pancakes, strawberries, milk	WG cereal, banana, milk	
	Tomato soup, grilled cheese sandwich, mandarin oranges,milk	White chicken chili, carrot coins, sliced peaches, cornbread, milk	Cheese tortellini with meatsauce, green beans, mandarin oranges, breadsticks, milk	Chicken sandwich, sweet potato fries, cinnamon apple slices, milk	
	WG muffin, applesauce	Cheese cubes, mixed fruit cup	Apples & grapes, string cheese	WG muffin, milk	
8		9		10	
11		12			
WG cereal, apple slices, milk	WG breakfast sandwich, diced pears, milk	WG cereal, banana, milk	French toast sticks, fresh strawberries, milk	WG cereal, orange slices, milk	
Fishsticks, green beans, baked potatoes, roll, milk	Beef burrito, refried beans, tossed salad, milk	Steak fingers, mashed potatoes, carrots, roll, milk	Lasagna, garden salad, breadstick, green beans, milk	Grilled cheese, tomato soup, fruit cocktail, milk	
Yogurt, apples & grapes	Cheez Itz, 100% juice	Soft pretzel, 100% juice	Fresh veggies & cottage cheese	Friendship Trail Mix, milk	
15		16		17	
18		19			
	WG cereal, orange slices, milk	WG cereal, 100% juice, milk	WG bagel, fresh strawberries, milk	WG waffles, diced mango, milk	
	Bean tostadas, green beans, corn, milk	Salisbury steak, mashed potatoes, peas, roll, milk	WG calzone, California blend mixed veggies, garden salad, milk	Chicken strips, sweet potato fries, corn, roll, milk	
	String cheese, 100% juice	Baby carrots, rice cakes	Cottage cheese, apples & grapes	Banana mini-loaf, milk	
22		23		24	
25		26			
WG cereal, apple slices, milk	WG breakfast pizza, fresh strawberries, milk	WG cereal, banana, milk	WG cinnamon-raisin bread, hashbrown potato, milk	WG cereal, orange slices, milk	
Cheeseburger sliders, tator tots, diced carrots, milk	Chicken & cheese burrito, refried beans, pineapple tidbits, milk	Chili, carrots, tropical fruit, cornbread muffins, milk	WG meatball sub, baked potato, fruit cocktail, milk	WG ham & cheese melt, broccoli, diced peaches, milk	
Yogurt, graham crackers	Goldfish crackers, apple slices	Breadstick & 100% juice	Fresh veggies & cottage cheese	Fancy crackers, milk	
29		30		31	
WG cereal, 100% juice, milk	WG breakfast sandwich, diced pears, milk	WG cereal, fresh orange wedge, milk			
Chicken nuggets, mashed potatoes, peas, roll, milk	Chicken tortilla soup, black beans & corn, fruit cocktail, crackers, milk	WG mac & cheese with diced ham, peas & carrots, roll, milk			
Soft pretzel, 100% juice	Cheese cubes, mixed fruit cup	WG muffin, applesauce			
* Some foods may be substituted for toddlers & students with allergies *WG-Whole Grain <i>Food Experience * Friendship Trail Mix</i>					
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