


August 2022				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cereal, 100% juice, milk	WG Toast, potato cake, yogurt, milk	WG Biscuit, mixed berries, milk	Toasted WG English muffin, tropical fruit, milk	French toast sticks, strawberries, milk
WG Turkey & cheese melt, broccoli with cheese, apple slices, milk	WG Cheese pizza, peas, tropical fruit, milk	Broccoli-cheddar soup, green beans, apricots, crackers, milk	Taco burger, peas, peaches, milk	Chicken patty, mashed potatoes, corn, roll, milk
Blueberry yogurt, graham crackers	WG Soft pretzel, 100% juice	WG Animal crackers, milk	Cheese cubes, apples & grapes, water	Hummus & pita, 100% juice
8	9	10	11	12
WG Cereal, apple slices, milk	WG Waffle, fruit cocktail, milk	WG Raisin bread, mandarin oranges, milk	WG Pita bread w/ sun butter, fresh banana, milk	WG Breakfast sandwich, pineapple, milk
WG Chicken nuggets, oven fries, mixed veggies, milk	Meatloaf, mashed potatoes, diced carrots, WG roll, milk	WG Macaroni & cheese, peas & carrots, strawberries, sliced bread, milk	Fish sticks, coleslaw, baked beans, Roll, milk	WG Grilled cheese, tomato soup, fresh carrots, milk
Build your own trail mix, 100% juice	Tortilla chips & cheese sauce, 100% juice	Graham crackers, milk	Cheese crackers, 100% juice	Cheese stick, apple slices & grapes, water
15	16	17	18	19
WG Cereal, pineapple tidbits, milk	WG biscuit, diced pears, milk	WG Waffles, blueberries, milk	WG Bagel, applesauce, milk	English muffin, diced peaches, milk
Fish sticks, peas, potato cakes, milk	Steak fingers, sweet potato fries, diced peaches, roll, milk	Squash soup, cheese melt, tropical fruit, crackers, milk	WG Pepperoni sticks, green beans, sliced oranges, milk	Chicken strips, mixed veggies, mashed potatoes, roll, milk
Graham crackers, applesauce cup	Cheeze Itz, 100% juice	Pineapple cup, cottage cheese	Baby carrots, pita & hummus	WG Soft pretzel w/ cheese, 100% juice
22	23	24	25	26
WG Cereal, fruit cocktail, milk	Toasted WG English muffin, diced mango, milk	WG Biscuit, diced peaches, milk	WG Bagel, banana, milk	WG French toast, tropical fruit, milk
Soft taco, black bean & corn, tropical fruit, milk	WG Raviolis, green beans, applesauce, milk	Chicken nuggets, mashed potatoes, mixed veggies, roll, milk	WG Beef & bean burrito, corn, strawberries, milk	Potato soup, turkey sandwich, fresh carrots & celery, milk
Apple & grapes, yogurt	Celery sticks w/ sunbutter, 100% juice	Cheese crackers, fruit cup	Graham crackers, yogurt	Tortilla chips w/ guacamole, 100% juice
29	30	31		
WG Cereal, diced peaches, milk	WG Toast, strawberries, yogurt, milk	WG Biscuit, mixed berries, milk	  Ehvision Child Development Center	
WG Breakfast sandwich, potato cakes, mandarin oranges, milk	WG Cheese pizza, peas, tropical fruit, milk	Broccoli cheddar soup, green beans, apricots, crackers, milk		
Blueberry yogurt, graham crackers	WG Soft pretzel, 100% juice	WG Animal crackers, milk		

\* Some foods may be substituted for toddlers \*WG-Whole Grain

Food Experience \* Build Your Own Trail Mix

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